



Community Rowing of San Diego Sweetwater Marsh Kayak Tour



Home to hundreds of species of plants and animals, the Sweetwater Marsh is the last remaining salt marsh on the San Diego Bay. A salt marsh is a coastal wetland that is frequently flooded by saltwater brought in by the tides, while an estuary is a place where a freshwater river or stream enters the ocean. The Sweetwater Marsh is a salt marsh year-round and is also an estuary during the rainy season. Think about all of the adaptations the species that live here have had to make to adjust to varying salinity, pH, sunlight, and air and water temperatures not only on a seasonal basis, but daily with the tides.

Intertidal Mudflat Species



Cordgrass



Fiddler Crab: look for them racing into their holes in the banks



Periwinkle Snails

Birds

Over 215 species of birds can be found here



Egrets, Snowy and Great



Northern Harrier



Endangered Brown Pelican



Endangered Snowy Plover



Willet



Endangered Peregrine Falcon



Long-Billed Curlew



Endangered California Least Tern





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Stingrays and Other Species



Round Stingray



Butterfly Ray



Bat Ray



Endangered Green Sea Turtle



Pacific White-Sided and Common Dolphins



Sea Lions

Tour Route

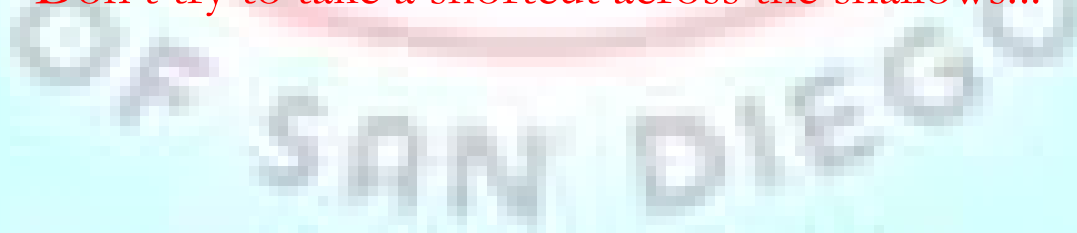


Turn right into the narrow channel after the first bridge. Make another right under the broken railway bridge.



Left turn at any fork in the water road. Stay in the channel and out of the shallows as you exit into the Bay.

Don't try to take a shortcut across the shallows!!!





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